

# Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Norville  
St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



## Vision

*To be A Vibrant Eucharistic Community*

### Pastoral Team

#### Administrator

Rev Tomy Kuruvelil Ouseph CFIC  
Phone: 0408 632 015  
Email: tomycfic@yahoo.co.in

#### Assistant Priest

Rev Baby Thomas CFIC  
Phone: 0400 568 491  
Email: baby.thomas@bbcatholic.org.au

#### Augustinian Sisters of Our Lady of Consolation—Convent

11 Pandora Pde Norville  
4396 9128

Sr. Josefa Mabini OSA  
Sr. Jennifer Canillas OSA

#### Parish Office Hours

9am to 2pm Mon To Fri  
Ph 4396 4455  
458 Main Rd Norville NSW  
Mail PO Box 1 Toukley NSW 2263

Email [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au)

Website [www.bbcatholic.org.au/toukley](http://www.bbcatholic.org.au/toukley)  
Facebook: Toukley-Lake Munmorah Parish

Parish Secretary: Mrs Alicia Klein  
Office Assistant: Mrs Lorrie O'Brien

Catechist Coordinator  
Mrs Alicia Klein

Sacramental Coordinator  
Mrs Lorrie O'Brien

Sunday Parish Bus Service  
Mrs Joan Haslam 4392 6892

Parish Schools  
St Mary's  
Principal Mr Kevin Williams 4396 5100

St Brendan's  
Principal Mr Craig McNee  
4358 1501

St Brigid's College  
Principal Mr Adam Murdoch 4358 4278

First Sunday of Lent, Year B  
21st February 2021



Life-changing transformations don't happen easily. They require interior fortitude and determination, courage, persistence and more -- an interior change of heart and mind... what the Scriptures call "Metanoia."

And so, we again enter into the invitation and the challenge of Lent, well aware that we have been asked to commit our lives fully to the coming reign of God. "Metanoia" and "Repentance" are not to be simple cosmetic or superficial changes. Repentance isn't just for a part of the year. It is a full-time, on-going commitment to change. Metanoia asks us to turn away from whatever distracts us from God and to turn to the embrace of the One who is infinite love.

John's preaching began with "Repent! The Kingdom of God is at hand." His was a call to repentance - a warning - a call to change our ways because something big and wonderful was soon coming. The message of Jesus was - and continues to be: "Rejoice! The Kingdom of God is here!" His was an invitation - a call to experience the presence, the presence of the Father in our every moment, our every breath, in the "now" of our every encounter by repentance and Metanoia. Mark gives us the threefold method of achieving Metanoia: Prayer, Fasting and Giving Alms.

Now is the acceptable time. Now is the graced time when we will receive the help we need to respond, to make a turn in our lives towards God. That doesn't mean big changes are easy or accomplished in a short period of time. Metanoia means we will have to dedicate our lives to transformation. In truth it will never be a completed process, but if we listen to Jesus today, we need to start, and start again and again, becoming followers of Christ.

Fr Baby

## WEEKEND MASS TIMES

### St Mary's Church Toukley

Saturday: Vigil 6:00pm

Sunday: 7:30am

9:00am

Children's Liturgy 1st & 3rd Sunday  
(except school holidays)

6:00pm

### St Brendan's Lake Munmorah

Saturday: Vigil 5:00pm

Sunday: 8:00am

## WEEKDAY MASS TIMES

### St Mary's Church Toukley

Monday 9:00 am

Tuesday 9:00 am

Wednesday 9:00 am

Thursday 9:00 am

Friday 9:15am (Except 1st Friday of Month)

**First Friday of Month** Anointing of Sick

11:00am

Saturday 9:00 am

### St Brendan's Lake Munmorah

Wednesday 9:00am

**First Wednesday of Month** Anointing of Sick

9:00am

Thursday 9:00am

## EXPOSITION BLESSED SACRAMENT

### St Mary's Church Toukley

Each Saturday – After Morning Mass

## SACRAMENT OF RECONCILIATION

### St Mary's Toukley

Saturday 9:30am—10:00am

### St Brendan's Lake Munmorah

Saturday 4:30—5:00pm

## MORNING PRAYER OF THE CHURCH

### St Mary's Toukley

8:20 am Monday to Saturday

### First Friday Night Vigil

Exposition after 7pm Mass until 1.30am

## COVID-19 Restrictions – Places of Worship Diocese of Broken Bay

Latest Update: 12 Feb 2021

**Capacity:** Capacity at a place of public worship is subject to the one person per 2 square metre rule. Children count towards the capacity limit. Our capacity: St Mary's: 235, St Brendan's: 320

**Please do not enter the Church if you feel unwell.**

**Masks:** mask wearing is no longer mandatory for places of worship. You are welcome to wear a mask if you would like to.

**Record Keeping:** Everyone entering the Church must sign in with their name and contact number, preferably using the QR code, or on the paper sheet provided. Please write clearly. The Parish office will hold the record for 28 days confidentially and securely.

**Seating:** please sit only where marked, to maintain physical distancing requirements. Members of the same household may sit together. Seating signs are staggered to allow for physical distancing, so please adhere to these signs.

**Singing:** No congregational singing is allowed, Musicians & Choir only.

**Holy Communion:** Parishioners are requested to receive Holy Communion in the hand and adhere to 1.5m physical distancing while processing to Communion.

**No Gathering:** Parishioners must move away promptly from the Church after Mass has finished.

More details about COVID restrictions are available on the notice board and signs at the Church doors.

### Thursday Weekday Mass 9am

Please note that the 9am Thursday Mass will be a normal Mass for the coming weeks as Fr Ken is away.

### Upcoming events—Fridays in Lent:

Stations of the Cross—St Mary's 8:30am (before 9:15 Mass), 10:30am (before 11am Healing Mass 1st Fri)

The Light Is On—St Mary's, Adoration & Reconciliation 7.00-7.30pm Commencing Fri 19th Feb

### Positions Vacant:

#### Parish Secretary, Frenchs Forest—Full time

Frenchs Forest Catholic Parish is seeking to recruit a full time Parish Secretary. For further details, see: [www.bbcatholic.org.au/people/positions-vacant](http://www.bbcatholic.org.au/people/positions-vacant). Applications close: Monday, 8 March.

#### Parish Secretary, Pymble Catholic Parish – Part Time

Pymble Catholic Parish is seeking to recruit a part time Parish Secretary (32 hours per week). For the full position description, see [www.bbcatholic.org.au/people/positions-vacant](http://www.bbcatholic.org.au/people/positions-vacant). If you are interested in applying for this position, please send a current CV and cover letter outlining your previous experience and suitability for the role to [info@pymblecatholicparish.org.au](mailto:info@pymblecatholicparish.org.au). Applications close: Tuesday, 9 March 2021. *The successful applicant must have the right to work in Australia and will be required to undertake a National Police History Check and Working With Children Check.*

### Broken Bay News Classified Advertising

Do you have a small business and would like to advertise to your local community? *Broken Bay News* is supporting local businesses advertise to a captive Catholic audience. Starting from just \$50, you can advertise in the award-winning Diocesan magazine *Broken Bay News*. For more information, please contact the Editor on (02) 8379 1618 or email [news@bbcatholic.org.au](mailto:news@bbcatholic.org.au)



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Ph: (02) 4393 2443  
Email: [charmhaven@internode.on.net](mailto:charmhaven@internode.on.net)

### Prayer Notices

We try to regularly update our Recently Deceased, Anniversary, Remembrance, Sick, and Funeral Notices (on the right of this page). However we need your help to make sure the information is correct. When filling out a 'Mass Intention' envelope, please indicate clearly whether the intention is for a recently deceased person, sick, anniversary, or remembrance, and please ensure the writing is legible so that we can enter it into the Bulletin accurately. If we have missed a name, or someone on the Sick list is no longer sick, please let the Parish Office know so that we can update the list. Ph 4396 4455 or email [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au). Thank you.

### Catechist Sunday

Today we celebrate Catechist Sunday. We thank our Catechists for the incredible work they do and bless them for their year ahead teaching the Word of God in our public schools. We also have guest speakers and a video presentation to highlight this special ministry in our Parish Community. If you've ever considered being a Catechist or know someone who might be interested, please speak with Fr Tomy or Fr Baby, or one of our Catechists, or enquire with the Parish Office for more information.



### Pray for Vanuatu, World Day of Prayer Service 2021

The Service will take place on Friday 5th March at Lakes Baptist Church, 45 Marks Road, Gorokan, commencing at 10am for Morning Tea followed by the Service at 11am. All are welcome to attend.

**Catholic Women's League** Meetings will resume on Monday 22nd February at 10am in the Parish Centre. We will be commencing with Morning Tea and would love to see some new members join with us for 2021. New members are always welcome.

### Rosters for St Brendan's for March-May

Rosters are being prepared for the period March to May. If you are wanting to participate in the Liturgy please add your details to the sheets at the rear of the Church. Training for all positions will be provided.

**Holy Week/Easter Rosters:** If you would like to be included on the roster for Holy Week/Easter in various roles for either Church, please add your name to the list at the doors.

### February Birthdays

Carolyn Metcalfe (4th Feb)  
Maureen Johnston (4th Feb)  
Murray Evans (16th Feb)  
Vivien Van der Kroft (20th Feb)  
Margaret Cash (20th Feb)  
Pat Glennan (23rd Feb)



*Call the office to have your birthday included!*

*In your charity, please pray for those who have died and those who are sick.*



Recently Deceased  
Peter Reed, Geoff Blunt

### Anniversaries

Greta Hackett, Vicente, Gliceria M, & Lorenzo Arsenio, Eddie Johnston, KJ Buckman, Dorothy Rush, Colin McIntyre, Crispin Vequiso

### Remembrances

Keith & Nancy, Mark & Peter Prizeoran, Kathryn Tuxworth, Gabrielle Woodrow, Stephen Cappa, George Castle, Edith Brioso, Lisa Grenot, Lorraine Anderson, Rose, Rowe & Foster Families, Manuel Galea, Francis Galea, Coster Family, Schembri Family, Tony Pace, Baker Family members, Joe Marlon, Maurie Cohen, Lynn & Raphael Cohen, Mary & Jack Webb, Jack & Rita Webb, Carol Brown, Bruce Everingham, Sam Fraser, Renu & Joseph Debono, Angelo Caruana, Dennis, Ross, Wade, Mitchell Families, Valmai Joseph & Stark Family, Wynn Family, Scott Kay, Danny Kay, Moore & Lanqley Families, Bernard Yap, V DeSouza, V Baraez, Fred & Ann Stephens, Gerard De Zilva, Vicky Debono

### Please Pray for the Sick

Julie Kozak, Gloria Hay, Faye Brunton, Maureen Johnston, Sam Spitteri, Lucy & Bill, Pam Formosa, Graham Moir, Glenn Brown, Meredith, Khoo Swee Goon, Lily Tan, Kevin Harvey, Diane Booth, Tincy Thomas, Cheryl Kennedy, Zerafa family, George Gavranic, Ann Buckman, Josephine Poynting, Eloise Bell, Wendy Peterson, Adrian, Ken Chubb, Fiona Haslam, Teresa Wegrzyn, Ann Durnford, Steve Durnford, Maureen Mulheron, Koby Bourke, Monica Mason, Ariane Hampton, Fr Bill Aliprandi, Linda Read, Eleanor Matthews, Andrew Kelly, Paul Covington, Fiona Gill, Evan Shepherd, Kathleen Strong, Brian Davies, Michael Wiggan & Vanessa Miller, Sister Carmela Debbie Gibba, Miklos Beothy, Mr Baldovan, Hannah Tierney, Faye Lund, Julie Newey, Kathy Outlaw, Finn McConnon, Anne & Steve Durnford, Vaughn Haynes, Pam Moir (family), Lurlene Dehn, Adrian Collins

## Mackay Family Funerals

In Association with Mackay Family Crematorium  
A.B.N. 79 085 423 589

Head Office: 249 Pacific Highway West, Ourimbah 2258  
PO Box 89 Ourimbah NSW 2258.  
Phone: (02) 4362 2733 Fax: (02) 4362 2899



## Volunteer Angels

Male & Female

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility

Please call Anne-Marie 4396 1555

The Community Visitors' Scheme

## First Reading

Genesis 9:8-15

*I will recall the covenant between myself and you ... the waters shall never again become a flood to destroy all flesh.*

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: nothing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

The word of the Lord.  
**Thanks be to God.**

## Responsorial Psalm

Ps 24:4-9

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

Lord, make me know your ways.  
Lord, teach me your paths.  
Make me walk in your truth, and teach me:  
for you are God my saviour. **R.**

Remember your mercy, Lord,  
and the love you have shown from of old.  
In your love remember me,  
because of your goodness, O Lord. **R.**

The Lord is good and upright.  
He shows the path to those who stray,  
he guides the humble in the right path;  
he teaches his way to the poor. **R.**

## Second Reading

1 Peter 3:18-22

*The water of the flood is a type of the baptism which saves you now.*

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised

to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

The word of the Lord.  
**Thanks be to God.**

## Gospel Acclamation

Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory!  
No one lives on bread alone,  
but on every word that comes from the mouth of God.  
Praise to you, Lord Jesus Christ, king of endless glory!

## Gospel

Mark 1:12-15

*He was tempted by Satan, and the angels looked after him.*

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**Next Sunday** - Second Sunday of Lent  
First Reading - Genesis 22:1-2, 9-13, 15-18  
Second Reading - Romans 8:31-34  
Gospel - Mark 9:2-10

Pope Francis' Prayer Intention  
for February

### **Violence Against Women**

We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

